

Family Technology Plan

The foundation of protecting your Family and Home from the evils of technology is a Family Technology Plan. Use the template provided or the electronic version from www.RNstake.org.

- Create during a Family Council
- All members of Family have input
- Help children understand the “Why” of expectations & consequences
- Plan is not just for Children, Parents are expected to Participate & Follow
- Display Prominently in Home
- Revisit Often and adjust as needed

Firewall

Firewalls are a great tool to protect your home. There are Software and Hardware based firewalls. A hardware firewall is the most protection you can provide for your family & Home but come with added expense and complexity. Firewalls can actively scan and block inappropriate websites, malware, viruses and many other threats.

Routers

Routers are a first line defense that helps hide your computers from the outside world. But do not be fooled in thinking they are a full protection for your Home. They typically do not block inappropriate websites, prevent viruses, or malware. That is the job of a firewall

OpenDNS

If there is only one thing you can or will do, is setup OpenDNS. This is a simple solution that provides great protection. You can setup an account at www.opendns.com. This will provide you with the ability to decide what type of internet sites are allowed in your home.

Many routers now come with the ability to add OpenDNS directly to the router. You will find simple instructions on how to setup OpenDNS at their website.

Computer Protection

All Computers should have a basic set of tools and checklists that protect them from various threats. These Include

- Use anti-virus & anti-malware software.
- Keep computer and software up to date
- Use user accounts separate from Admin account
- Understand & teach family about phishing scams & identity theft
- Use strong passwords for all websites
- Turn on Firewall



**Rexburg North
Stake**